



Our Savior's Lutheran Church Spring 2013

Christian Education Newsletter

The Season of Lent

The season of Lent is a forty day journey toward Easter! Lent means “spring”, both words coming from the root word “lengthen”. The days are growing longer and life is slowly beginning to show as we move from winter into summer.

For forty days Noah and the animals waited in the ark as a flood covered the earth. For forty years the Israelites wandered between slavery and freedom in the wilderness. For forty days Jesus stayed in the desert where he fasted and resisted temptation.

So, for forty days we enter into a journey. We are asked to reflect on our lives, to journey with God, even to go without so that our body and soul longs for the feast of Easter. We begin the journey on Ash Wednesday, February 13th. The climax of the season is our continuous three day worship on Maundy Thursday, Good Friday and (depending on the church) Easter Vigil.

The season of Easter

Yes, Easter is more than just one day. It is a season that is fifty days long. Easter itself is a movable day, based on lunar calendar adapted from a formula at the council of Nicaea in 325.

In the season of Easter we celebrate that God is more powerful than death. God is more powerful than violence. Jesus lives among us, sending us out into the world and meeting us where we are.

We will continue in conversation. Keep up the good work raising your child in the faith.

-Pastor Siri

Welcome our new Sunday School Superintendent!



We are pleased to bring Teran Harmon to our team as the new Sunday School Superintendent. Teran has two children, Harmon (4) and Bently (3). She works at Hometown Aditude as an Account Manger and teaches yoga at church on Sunday and Thursday nights. She is also the owner of the new childcare center, The Main Discovery, opening in April!

Teran will work closely with Pastor Siri to dream, plan, and oversee Sunday school during the year. She will be the bright and smiley face you see on Sundays as you drop your kids off and a great resource for questions and concerns.

Teran is a great communicator and ready to see our children's faith formation taken to the next level. Let's welcome her and thank her for her commitment to Our Savior's children.

Teran Harmon

Upcoming Milestones



This year we have been doing something new. Each grade participates in a special Milestone after church to focus on one aspect of faith: prayer, worship, Bible-reading, and the Catechism. This is a special time for parents, teachers, kids, and your Pastor to get together and talk about faith at home.

Here are the upcoming Milestones:

- February 24th: First and Second Grade- Worship
- March- Fifth Grade- Holy Communion (several dates to be scheduled)
- April 14th: 4th Grade- The Apostles Creed
- April 28th- 6th Grade- Confirmation/Baptism

Four Keys of Faith- Lenten Style!

No matter how old your kids are (or how old you are), there are four Keys to growing in Faith. They are:

1. **Rituals and Traditions**
2. **Service**
3. **Daily Devotions**
4. **Caring Conversations**

As we prepare for Easter, here are some ideas of how to incorporate the Four Keys in this season.

Rituals and Traditions: There aren't tons of rituals around Lent and Easter, let's be honest. There is eating fish on Fridays and fasting. That may not sound too exciting, so here are some other options:

- Go to worship on Wednesday nights during Lent. It's a short 30 minute services with a meal before. 5:30 meal, 6:30 worship.
- Read a Lenten Devotional at dinner or bedtime as a family or a couple. (We are making one)
- Try to either add a practice that is healthy or give up something that is not for 40 days.

Service: Lent is a great time to go simple and give away what you don't need.

- Instead of going out to dinner, put the money away for a charity your kids can choose.
- Play "secret service". Try to do something nice once a day for someone else- don't get caught!
- Go through your closets and give away clothes that you don't wear or need.

Daily Devotions: Our Savior's is writing a daily devotion that includes writings from young people all the way to the elders of the church. It is perfect for reading around the table as a family!

Caring Conversations: Whether it's in the car, at bedtime, or around the table, try these questions as a family.

1. Have you ever sacrificed something for a good reason? (For instance, working hard for a sports team, giving up unhealthy foods while pregnant, giving up facebook for Lent?)
2. What is an event or person who has shaped your faith?
3. What is your favorite part of worship?
4. Tell of a time when someone did something really nice for you.
5. When do you feel closest to God?

Blessings to you as your family grows in faith.

Our Savior's Lutheran Church

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Hillsboro, ND 58045

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Sunday School News- Passion Play



The Third-Sixth grade class will be working on presenting "The Passion of Jesus According to Luke" which will be offered **Sunday, March 17th at the 10:30 worship service**. In many ways, it is like a follow up to the Christmas program. For those with parts, rehearsals will begin Wednesday, February 20th at 7:00pm after our Lenten Evening worship. *All kids will sing in the chorus that Sunday.*